

# Sample Weekday Itinerary



**9:00am: Breakfast with host family**

**10:00am: Spanish language**

**11:30am: Mid-morning break**

**12:00am: History**

**12:50am: Second break**

**1:10pm: Culture**

**2:30: Lunch in homestay**

**3:30pm: Siesta (time to relax!)**

**5:00pm: Explore the city with friends**

**9:00pm: Dinner with host family**

**Free time until curfew**

You'll start off the day with breakfast at home. Then, enjoy beautiful scenery and observe the daily morning rituals of locals as you bike or take a morning walk to school in the city center. Class begins at 10:00am with an interactive Spanish course. During the mid-morning break, you can go to a nearby café or catch up on emails in the lobby (free WIFI). Class will resume around noon with interesting lessons in History and Culture. You will return to your homestay for lunch, which is served between 2:00 and 3:00. Afterwards, enjoy a traditional Spanish "siesta" or relax for a couple of hours. In the afternoon, you will usually head back to the center to meet up with friends. Some days there are scheduled field trips or activities. Other times, you will be given free time to explore the city and socialize. In the evening, you will return to your homestay for dinner, which is served at about 9:00pm. You will then have free time until curfew!

