

## Au Pair Programs

These programs are designed for those who are looking to live an experience of immersion into Spanish life. Participants can improve their Spanish language while getting to know a new culture while living with a local host family and helping to care for their children. Working as an Au Pair is not for everyone. Caring for small children requires a great deal of maturity, responsibility, and patience. Furthermore, participants must be prepared to adapt to a new culture and a new family.

### What is an Au Pair?

Au Pair participants are students that come to Spain to learn the language and culture from inside a Spanish household. They enjoy spending time with and caring for children, and so they choose to be hosted by a Spanish family in exchange for offering to help with child care. Au Pairs typically help children with schoolwork as well, especially with English homework to make the experience a two-way language and culture exchange.

### What is the role of the host family?

The family takes in a student who cares for children part time and helps with normal household tasks and provides them with accommodation in their own room and full board (all meals) throughout the duration of the program. Host families treat Au Pairs as members of the family and pay weekly stipends to compensate the extra help.

### What responsibilities does the Au Pair have?

The Au Pairs selected by YES have the responsibility to accompany, help and teach the family's children during their stay in the city. They must carry out a series of tasks which vary by household but typically include the following:

- Take and pick up children from school
- Keep the children's rooms clean and tidy
- Take care of children's laundry
- Help with homework and with the children's chores
- Prepare dinner for themselves and the children
- Speak to the children in English if the family requests
- Babysit up to two nights a week

- Be responsible for their own personal spending, such as: phone calls, language courses, travel expenses, toiletries and entertainment.

Au Pairs are also responsible for light cleaning and general help around the house. This includes tasks such as setting the table and picking up, sweeping/ mopping the floor, washing dishes and laundry. They do not carry out heavier household chores.

### What are the rights of an Au Pair?

- Accommodation in an individual room
- Full board (all meals)
- Work limited to 8 hours a day and five days a week (at least two free days a week )
- Be treated as a member of the family
- Have a week of vacation every six months (in the case of long-term Au Pair placements)
- Have the option to change host families in the case of serious problems

### Types of Au Pair programs offered by YES:

#### Summer Program: 6 weeks

- Maximum 8 hours of work a day
- Maximum 5 days of work a week
- Price: 300€ + VAT

#### Summer Program: 8 weeks

- Maximum 8 hours of work a day
- Maximum 5 days of work a week
- Price: 350€ + VAT